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### AATA NEWS

## Laura Greenstone's Vision for the African-American and Afro-Caribbean Art Therapy Student Scholarship



Jack Harris

Laura Greenstone died on July 18, 2018 suddenly, but not necessarily unexpectedly. In the year before she died, she had begun increasingly to talk about where she had been and where she was going, as well as where her profession had been and where it was going. Together we began to take steps to secure Laura's work and legacy as we began some intensive estate and disability planning. As part of these efforts, Laura made a bequest of \$25,000 to the American Art Therapy Association for the establishment of a scholarship to support masters-level African-American and Afro-Caribbean art therapy students. Laura's rationale was that addressing the legacy of racial violence in the United States will require a diverse and inclusive profession serving very diverse communities in a very inclusive way. **READ MORE**



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## 2019 Call for Applications and Nominations



AATA National Office

The American Art Therapy Association is now accepting applications and nominations in several areas. Read details below and find more information on [MyAATA](#). Questions may be directed to [info@arttherapy.org](mailto:info@arttherapy.org). **READ MORE**

## Featured Member



AATA National Office



Phoebe Whisnant, MA, ATR provides individual and group art therapy sessions at several organizations in Atlanta serving a variety of clients, including: adults with mental illness, veterans with PTSD, and individuals recovering from spinal cord injuries, traumatic brain injuries, and strokes. She stays engaged in the art therapy community through the annual conference, chapter programming, and online throughout the year. "I love receiving *Art Therapy Today* in my inbox each week," says Whisnant. "I'm inspired by hearing about the innovative and meaningful work that other art therapists are doing in their communities. These weekly updates, in addition to the art therapy community forum, really help me feel connected." **READ MORE**

### ART THERAPY IN THE NEWS

## The Bloom Center for Art and Integrated Therapies



WDJT-TV

She may not have known it then, but Wisconsin-born artist Georgia O'Keefe aptly summed up art therapy when she said nearly a century ago "I found I could say things with colors and shapes that I couldn't say any other way. Things I had no words for." Today art therapy is helping people of all ages in group and private settings, and Milwaukee is a leader thanks to a pioneer in art therapy education, and centers like the Bloom Center for Art and Integrated Therapies in the city's Bay View neighborhood. **READ MORE**

## Revisoning Self-Identity: The Role of Portraits, Neuroscience And the Art Therapist's 'Third Hand'



The British Association of Art Therapists

People who suffer from life threatening and chronic illnesses often describe the impact of their diagnosis, treatment and illness as having disrupted their sense of self-identity. This article describes an intervention that reverses the traditional 'terms of engagement' within art therapy, using the art therapist's 'third hand' to create portraits for patients, co-designed by them. This enables patients who are too unwell to make art themselves to engage in the creative design process as patient-researchers and as valued experts on their lived experience. **READ MORE**

## MUSC Expands Program to Heal Through Music And Art



ABC 4

For many, art and music are a hobby. For a small group of clinicians at MUSC, its a lot more than that. "We're trained clinicians, but we incorporate art making, visual writing, and music in our sessions with our patients," said Katie Hinson, a certified art therapist at MUSC. "We're really focused on alleviating pain, really focusing on anxiety reduction, reduced feelings of depression. And we're able to use this non-verbal medium as a way to heal and help our patients." **READ MORE**

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## This Teen Was Given a Third Chance On Earth: Here's Why She's Using it to Teach Art Therapy



Indy Star

When you're given three chances at life, how do you make the most of it? It's a question Paulina Nieto has had to grapple with for years. After undergoing a heart transplant at age 2, her donor heart gradually began to fail. By the time she was 16, she again found herself waiting for a heart at Riley Hospital for Children. At a time when many teens are worried about school, friends and cars, Paulina's life was upended by a weeks-long hospital stay. So Riley doctors introduced her to art therapy, a form of psychotherapy that encourages art-making as a form of self-expression. **READ MORE**

## Pictures of Health: Art Exhibition At UW-EC Takes Expansive View of Subject



Leader-Telegram

It stands to reason that "Health + the Arts," the new exhibition at UW-Eau Claire's Foster Gallery, has such an expansive scope. After all, health as an issue affects everyone. But when you also consider that health touches everyone in different ways, and the fact that everyone experiences art with a different perspective, it becomes clear why this show fills the large gallery display area at Haas Fine Arts Center. **READ MORE**

## Drawing Strength: How Art Helped Me Beat Depression



Independent

In September 2017, I moved into the third floor of a house in Toronto, to be closer to the boyfriend with a broken leg I was caring for. A week before the cast came off, we broke up. Alone and single at 29, I sat in an empty bedroom and took stock. I was alone, but more accurately, I was lonely. My chest ached. I felt discarded and exhausted. **READ MORE**

The AATA's Art Therapy Today includes a digest of the most important news selected for the AATA from thousands of sources. Guest articles may be submitted to Clara Keane at [ckeane@arttherapy.org](mailto:ckeane@arttherapy.org). Publication of any guest article is at the sole discretion of the AATA. The opinions expressed and/or contents of guest articles, advertisements, and external links included in any AATA publication do not represent the positions or policies of the AATA. The AATA makes no warranty or representation concerning the accuracy of such content.

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